



# WOMEN IN BUSINESS DAY RETREAT

05 JUNE 2024

OXFORDSHIRE, UK

Finding business success on your terms.  
Taking you from entrepreneurial overwhelm  
to renewed passion and purpose in a  
beautiful nature setting.



Is it time for you to bloom in your business?  
Then come with us for the day and take time to  
focus 'on' your business, rather than being busy  
'in' your business.

This day retreat is designed with you in mind,  
to enable you to pause, take a breath, and  
permit yourself to focus on where you want  
your business to be.

With a balanced blend of business and well-  
being, we'll support and guide you to  
reconnect with what you want and the steps to  
get you there.

Think powerful masterclass, interactive group  
coaching, and visualisation, mixed with the  
serenity of a guided nature connection walk,  
and breathwork. And of course some time to  
think and an optional swim.

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# WHAT TO EXPECT

- 1 day spent at the Boathouse, by a swimming lake.
- An intimate group of just six people
- A locally sourced light lunch included
- An exceptional masterclass with two qualified and experienced coaches
- A guided nature connection walk, and breathwork to completely connect in beautiful surroundings
- A careful balance of business and mindset.
- To walk away knowing where you want to be and the action you need to take.





This day retreat is for women in business who want to go from overwhelm to crystal clear, and re-ignite their passion for work and life.

An opportunity to get the space and time you crave. A chance to shed the overwhelm and reconnect to who you are.

You'll gain a sense of direction and purpose and the energy to move forward.

And you'll leave feeling reconnected, recharged and inspired, with a new network of women to stand beside you.

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